

THE DOMINANT MUSCLE BUILDER

WHY USE BRANCHED CHAIN AMINO ACIDS (BCAA)? – Supplementation is crucial for athletes seeking to build muscle. BCAA are the primary building blocks for muscle growth, muscle protein synthesis, and lean muscle tissue and/or mass. Unlike other non-essential amino acids, BCAA Aminos – Leucine, Valine and Isoleucine – cannot be produced by the body, so must be provided through diet or supplementation.

WHY USE ALLMAX AMINOCORE? – Not all BCAA are created equal. AMINOCORE delivers 8.18 g of BCAA in a 9:6:5 clinically proven ratio to provide a 350% increase in the activation of muscle growth signals. With the use of pure, free form source of BCAA, AMINOCORE has no added fillers or non-BCAA aminos. AMINOCORE's 9:6:5 BCAAs are purified and tested prior to flavoring so they do not contain impurities resulting in cloud-iness, oil foam, sediment, and the worst - a hard bitter taste! Aminocore is clean, pure, and the best-tasting BCAA supplement money can buy!

INTELLIGENT DIET SUPPORT – AMINOCORE feeds your muscles during diet and exercise to increase muscle protein synthesis, whether you want to build more muscles or simply maintain it, as it helps to alleviate the effects of muscle loss. Additional B-Vitamins further assist in maintaining the metabolic power.

THE SCIENCE OF MUSCLE GROWTH – AMINOCORE 9:6:5 BCAA ratio is clinically proven to increase the activation of muscle growth signals. Scientific studies have identified mTor-p70S6K as the trigger directly responsible for extreme muscle growth. Supplementing with BCAA has been shown to activate increased mTor-p70S6K cellular signaling responsible for muscle growth. The result: you build and retain more hard earned lean muscle and maintain a higher metabolism.^{‡*}



Product of USA with domestic and imported materials



‡ Combined with intense resistance training, research has shown that 8,180 mg of BCAA in a 9:6:5 ratio increase signaling within muscle cells to upregulate protein synthesis (growth) by 350%. Research conducted at the Nobel Prize winning Karolinska Institute in Stockholm, Sweden. Journal reference: Karlsson et. al. Am J Physiol Endocrinol Metab 287: E1–E7, 2004.

ALLMAX®

30 SERV

AMINOCORE™
BCAA

8G
BCAA

0G
SUGAR

0G
CARBS



* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Net Wt 345 g (0.76 lbs)

DIETARY SUPPLEMENT

BLUE RASPBERRY

DIRECTIONS: To activate protein synthesis and increase muscle recovery*, take 1 scoop of AMINOCORE™ during weight training or any athletic event. On non-training days, AMINOCORE™ can be taken anytime on an empty stomach. Mix 1 scoop (11.5 g) into 17 oz (approx. 500 ml) bottle of water or a tall glass of water (2 cups). Shake or stir well. Take during workouts.

Supplement Facts

Serving Size 1 scoop	11.5 g
Servings Per Container	30 [‡]
Amount Per Serving	% Daily Value
Total Carbohydrate	0 g 0% [‡]
Sugars	0 g †
Niacin	20 mg 125%
Vitamin B6 (as Pyridoxine HCl & Pyridoxal-5'-Phosphate [P5P])	2 mg 118%
Folate (as Folic acid 370 mcg & Calcium 5-Methyltetrahydrofolate)	668 mcg DFE 167%
Vitamin B12 (as Methylcobalamin)	6 mcg 250%
AMINOCORE™ BCAAs [9:6:5]	8,180 mg †
L-LEUCINE (45%)	3,681 mg
L-VALINE (30%)	2,454 mg
L-ISOLEUCINE (25%)	2,045 mg
‡ Percent Daily Value based on a 2,000 calorie diet	
† Daily Value not established	

OTHER INGREDIENTS: Citric Acid, Natural and Artificial Flavors, Malic Acid, Sucralose, Acesulfame Potassium, Lecithin (Sunflower), Calcium Silicate.

WARNINGS: For adult use only. Ensure to drink enough fluid before, during and after exercise. Do not take if you have pre-existing medical conditions. Consult a healthcare practitioner prior to use if you are pregnant or breastfeeding. Those sensitive to Vitamin B3 (Niacin) may experience flushing of the skin that is generally mild and transient. Discontinue use and contact your healthcare practitioner if you experience adverse reaction. Consult a healthcare practitioner prior to use if you have liver or kidney disease, or if you have been instructed to follow a low protein diet. Store in a cool, dry place away from direct sunlight. Do not use if inner seal is broken.

CALIFORNIA WARNING: Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.0000005 g of lead. For more information go to www.P65Warnings.ca.gov.

ALLERGEN WARNING: Produced in a facility that also handles Milk, Egg, Wheat, Peanut, Tree Nuts, Sesame, Fish, Crustacean and Shellfish products.

*Due to natural variations in product density resulting from settling and/or humidity, the values are approximate. Product is sold by weight.
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CYAN

Blue Raspberry

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